



## IMPORTANT NOTE FOR OUR SURGICAL PATIENTS

(Prior to your surgery): This *surgical reference sheet* NEEDS TO BE PLACED in an area where it can conveniently be referred to by you, after your surgery. After your surgery has occurred, it is common to have a variety of questions. This surgical reference sheet will be your guide and help answer these common questions:

### Venaseal

#### **What to Expect After Surgery**

- Some thigh tenderness.
- Normal to develop a firm area where Venaseal is placed. The Venaseal glue will absorb over time.
- Can feel a tightening or “ropey sensation” in your leg, for up to 4-6 weeks after surgery.
- You may have a “follow-up” duplex ultrasound scheduled post procedures to check progress of your condition.

#### **Surgical Site Care Instructions**

- Leave bandages on for 24 hrs after surgery – then remove.
- You may shower 24 hrs after surgery. Incision(s) can be washed with soap and water.

#### **Pain Mgmt After Surgery**

- A patient’s pain is generally managed with over-the-counter pain medications. Medication regime such as Ibuprofen/Motrin 800mg, 3 times per day for 4 days following your procedure is recommended.

#### **Other Helpful Information**

- Please do not drive the day of your surgery if you took the Valium prescription.
- Encouraged to be up doing normal activity.
- Avoid hot tubs, hot baths or hot showers for 7 days following surgery.
- If air or care travel is necessary please follow specific instructions on “Air/Car travel restrictions”.

#### **When to Contact Our Office**

- Fever of 101° or greater.
- Increased redness or swelling.
- Have a sudden or large amount of drainage from incision.
- Have a sudden increase in pain.
- Have a numb feeling in your foot or toes.
- Our providers may be contacted 24 hours a day by calling (417)882-2349.

**\*Please return to our office on \_\_\_\_\_.**